

#### Wrangler Newsletter

#### **March**

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▲ l to r: Torrez, Wescott, Rhoads, and Williams

#### Students Take the Plunge

FHTC students braved low 30 degree temperatures to participate in the dive into Mouse Lake at the February 19th Emporia Polar Plunge. The Wild Wranglers team raised over \$500 that will benefit Special Olympics. Team members were Jordan Torrez,

Network Technology; Shane Westcott, Applied Technologies; Gavin Rhoads, Graphic Arts Technology; and Lauren Williams, Dental Hygiene. Student Senators, including Nathan Morgan, also served hot cocoa during the event.



#### 20th Annual Gala & Auction

Flint Hills Technical College Foundation's 20th Annual Benefit Gala and Auction will be held Friday, April 22, at William Lindsay White Auditorium in Emporia. The benefit is recognizing its twentieth year of fundraising with the theme "Celebrating the Past and Inspiring the Future" and is presented by Simmons Pet Food. Doors will open at 6 p.m. with the evening catered by the College's Hospitality/Culinary

Arts program. The live auction and program begin at 8 p.m., during which the 2022 FHTC Distinguished Alumni will be announced.

Proceeds from the Gala go to support students and enhance educational opportunities at FHTC.

Tickets can be purchased at www.fhtc.edu/foundation or by calling the Foundation at 620-341-1380.

FHTC Spring Break is March 14-18! No classes, college offices will be open.

### Contribute to the 2022 Class Gift

#### Commemorate your graduating class.

Making a commitment as a student — a commitment to commemorate your graduating class — is the first chance to see your passion live on in current and future Wrangler experiences. Join the community of FHTC Alumni who give back to support initiatives that make a difference.

Recognition for those who contribute to the 2022 Class Gift in the amount of \$20.22 or more will be recognized at commencement with a special Wrangler pin and name in the program (due to printing, gifts must be made prior to April 1 to be recognized in the program).

<u>Donate online here</u> or in-person at the FHTC Foundation Office. For more information, call 620-341-1380.

## **Graphic Arts Students Explore Opportunities**

FHTC Graphic Arts Technology students explored options for careers and furthering their education last month. Adam Eimer, owner of Uncommon Threads, shared insight on the screen printing business and student also attended DAX (Decorated Apparel Expo) in Kansas City. For educational opportunities, they visited ESU and learned more about the transfer agreement between FHTC and ESU.







## Dental Assisting Students Teach Dental Health

FHTC Dental Assisting students presented to students at Cassoday Grade School on February 9. They provided 62 pre-K through 2nd-grade students with dental health

information for Dental Health Month. The elementary students also received a personal care pack which included a toothbrush, floss and toothpaste.



## Dental Hygiene Students Visit Capper Foundation

In February, Senior Dental Hygiene students attended the Capper Foundation's ability awareness training in Topeka. The interactive course gives tips to help build confidence and comfort when working with patients with disabilities. The students learned about disability types, disability

etiquette, the many services Capper has and volunteer opportunities.

At the end of the day, each student was gifted a small turtle from a client with the message, "Don't put your head in a shell about disability. Always be open to advocate for our friends."

## Schmidt Receives Eichorn Scholarship

Paige Schmidt, FHTC Practical Nursing student, received the Arlene Eichorn scholarship for 2022. Academic achievement and endorsement from faculty were a few of the criteria used as selection for the \$500 scholarship. Paige is a resident of Olpe and plans to graduate from the nursing program in June 2022.



# Let's Chart Wranglers

## **Crosswinds Specialist Available on Campus**

In partnership with Crosswinds Counseling and Wellness, FHTC is offering drop-in consultation services to students and employees. Wendi Soendker, supported employment specialist/case manager from Crosswinds, will be on campus weekly and open for chats on Mondays and Thursdays. It's free and confidential and can help with:

- Stress management
- Time management
- Anxiety
- Test anxiety
- Coping skills
- Finding resources in the community
- Problem-solving skills
- · Personal counseling

#### Campus Availability:

- Mondays from 1–4:00 p.m.
- Thursdays from 9 a.m.–Noon (except during Spring Break)

#### Location:

- at the FHTC Library Main Campus, Room 123, Testing Room
- or via Zoom

#### Walk-in or schedule an appointment

wsoendker@crosswindsks.org 913-731-6965



FHTC Spring Commencement: Sunday, May 15, 2022

#### Meet Wendi

Wendi Soendker, B.S.
Supported Employment Specialist/
Case Manager

Wendi earned her bachelor's degree in psychology from Emporia State University. She has been working with Crosswinds Counseling and Wellness since 2019. She currently works in the Community Support Services department, which serves adults with severe and persistent mental illnesses. Wendi's strengths are supporting clients with problem solving skills, connecting them to resources and promoting overall wellness to be able to maintain positive activities of daily living.



Wendi has been the supported employment specialist for Crosswinds since February of 2021. Supported employment services provides job placement support for individuals who struggle to find employment, ongoing job support to help the individual maintain employment and communicates with the employer to help with any accommodations that are needed for the individual to be successful in their employment.

#### **Upcoming Campus Events and Meetings**

#### March

- 9 Student Senate Meeting
- Student Services Committee Meeting, 11:30 a.m. 12:30 p.m., Conference Room A
- 10 Let's Chat Wranglers, Wendi on campus 9 a.m.—12 p.m., FHTC Library HHS Faculty Meeting, 11:30 — 12:30, RTEC NSG CSO Meeting, 2:30 p.m., Conference B - C
- 14 Board of Trustees Meeting, 4:00 p.m., Conference Room C

#### 14-18 FHTC and AEC Spring Break (NO CLASSES)

- 15 Foundation Board Meeting, 4:00 p.m., Conference Room C
- 16 NSG Faculty Meeting, 11:30 a.m.; M108N
- 21 Let's Chat Wranglers, Wendi on Campus 1-4 p.m., FHTC Library President's Council, 3:15 p.m., Conference Room C Enrollment for current students begins (Summer 2022/Fall 2022/Spring 2023)
- 23 Let's Chat Wranglers, Wendi on campus 9 a.m.–12 p.m., FHTC Library Instructional Leaders Meeting, 2:00 – 3:30 p.m., Steve Loewen's Office Student Senate Meeting
- 28 Let's Chat Wranglers, Wendi on campus I-4 p.m., FHTC Library
- 30 Last Day to drop a full semester Spring class
- 31 Let's Chat Wranglers, Wendi on campus 9 a.m.–12 p.m., FHTC Library

#### April

- 2 Enrollment for new students begins (Summer 2022/Fall 2022/Spring 2023)
- Let's Chat Wranglers, Wendi on campus 1-4 p.m., FHTC Library

To see a listing of both campus and community events, visit fhtc.edu/events

#### **EMPORIA ARTS COUNCIL PRESENTS**



## DRUMTAO

MARCH 23, 2022 · 7:00PM · EMPORIA GRANADA THEATRE

**PURCHASE TICKETS AT EMPORIAKSARTS.ORG & FREE TO STUDENTS** 







